

# **St. Andrews Scots School**

**Adjacent Navniti Apartment, Patparganj, Delhi-110092**

**Session: 2025-2026**

**Class: III**

**Subject:**

**Science**

## **Lesson -7 Safety and First Aid**

- **Reading of the chapter**
- **Explanation (will be done in class)**

### **(Textbook Exercises)**

#### **A. Tick the correct answer**

- 1) a) Sharpener
- 2) c) Green
- 3) c) Zebra crossing
- 4) b) Matchstick

#### **B.Fill in the blanks**

1. Chalk
2. Left
3. Jump
4. Rules

#### **C.True or False**

1. False
- 2.False
- 3.True
- 4.True

## **(Notebook Work)**

### **New Words**

- 1) Zebra crossing
- 2) Barbed
- 3) Queue
- 4) Injured
- 5) First Aid
- 6) Immediately
- 7) Panic
- 8) Carelessness
- 9) Essential
- 10) Faints

### **Defines**

1. Barbed wire fence- Barrier of wire.
2. Panic- A sudden feeling of a great fear.
3. Carelessness – Not giving enough attention.
4. Immediately – Without delay.
5. Essential – Most important.

### **Fill in the blanks**

1. We should not throw chalk at others.
2. Always ride bicycle to your left side.
3. Do not jump on the desk of the classroom.
4. Always follow the rules of the game.

### **Short Answer Questions**

1.Name two sharp objects that you should not handle on your own.

Ans. Knife and scissors.

2. How should we cross a road, if there is no traffic signal ?

Ans. We should cross a road through zebra crossing if there is no traffic signal.

3. Why should we not leave toys ,bags and books on the floor?

Ans. We should not leave toys, bags and books on the floor because someone may trip over them and fall.

4.Why should we not touch electrical plugs or sockets with wet hands?

Ans. We should not touch electrical plugs or sockets with wet hands because they can give an electric shock .

### **Long Answer Questions**

1.Write two safety rules that should be followed while travelling?

Ans. Two safety rules that should be followed while travelling are:-

i) Never lean out or put your hand out of the moving vehicle.

ii) Do not disturb the driver.

2. Write two safety rules to be followed in the classroom.   Ans.Two safety rules to be followed in the classroom are:-           i) Do not jump on the desk.

ii) Do not run in the classroom.

3. Write two safety rules you should follow in your house.

Ans. Two safety rules we should follow in our house are:-

i) Do not touch hot utensils and never go near fire.

ii) Do not leave your toys on the floor.

4.What is first aid? What should you do if someone gets hurt?

Ans. The first help given to an injured person before the arrival of doctor is called first aid. If someone gets hurt, we should not get panic and provide first aid.

5.What first aid would you give in case of a small cut or wound?

Ans. We should first wash the wound with water, then apply an antiseptic lotion to clean it and then apply an antiseptic cream.

### **Diagram**



### **Activity**

Collect pictures of road safety signs and paste in your science notebook.

### **Dictation**

Any 10 words

